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## **POST-OPERATIVE INSTRUCTIONS FOR RHINOPLASTY REVISION**

### **A. Introduction**

*Please read carefully these instructions before and after surgery. If you follow them carefully, you will achieve the best possible result from your surgery. If you have any questions, do not hesitate to contact us . Take this list with you to the hospital and start reading from the day of surgery.*

### **B. Instructions after surgery**

Immediate mobilization of the patient after surgery

Removal of the light capping, if there is any, the day after

Special care for the internal of the nose by washing (with natural serum) and placement of ointments, 3 times a day for about a few days to a month

Removal of slight internal packing of the nose (slight internal splint) a week after the operation, while in case there isn't any splint placed, we place some special stickers-steristrip- on the back of the nose which we remove usually in 5-7 days

No painkillers required

Antibiotics only given as a precaution for 4 days

There is no sutures removal because they are internal and are being absorbed/rejected, while in the case of an open access three very fine sutures are removed simultaneously with the removal of the splint or steristrips.

Edema-swelling-and any bruising in the nose area is usually very small, and over a period of about two weeks they have subsided almost completely and the 80% of the result is evident.

In cases of small revisions there is basically almost no postoperative oedema and the final result is evident only 10-20 days after the operation.

In cases of big revisions a period of approximately three months is needed in order to reach almost all of the result while the strengthening of the nasal skeleton and the full results are shown in about a year.

*Hopefully having answered to most of your questions, we wish you a quick recovery*

***For more information call us today to schedule an appointment with one of our Doctors at  
0030-210-7526900***

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